

Introduction

Dear student,

Dear teacher,

Dear student guardian,

We have the pleasure to present this book of "Excellence" series to you, hoping it will please you and satisfy your needs and ambitions. We have been working hard to produce the best content and shape. We meant to make it easy, useful and objective and a way to the full mark, God willing. If you have any comments, suggestions or complaints, don't hesitate to contact us by any means. Last but not least, "Thank you for your trust"

Excellence book family

عزيزي الطالب,

عزيزي المعلم,

عزيزي ولي أمر الطالب,

يسعدنا تقديم هذا الكتاب من سلسلة كتب "Excellence" راجين من الله أن ينال إعجابكم ويفي باحتياجاتكم وطموحاتكم. نحن نعمل بجد من أجل إخراج أفضل محتوى وشكل ولقد عمدنا فيه البساطة والإفادة والموضوعية وأن يكون طريقا للدرجة النهائية بإذن الله. ولو كان لحضراتكم أي تعليقات أو اقتراحات أو شكاوى فلا تترددوا في التواصل معنا بشتى الوسائل.. أخيرا "شكرا على ثقتك" أسرة كتاب "Excellence"

A group of specialists

اللهم علم ينتفع به



دار التفوق للنشر والتوزيع

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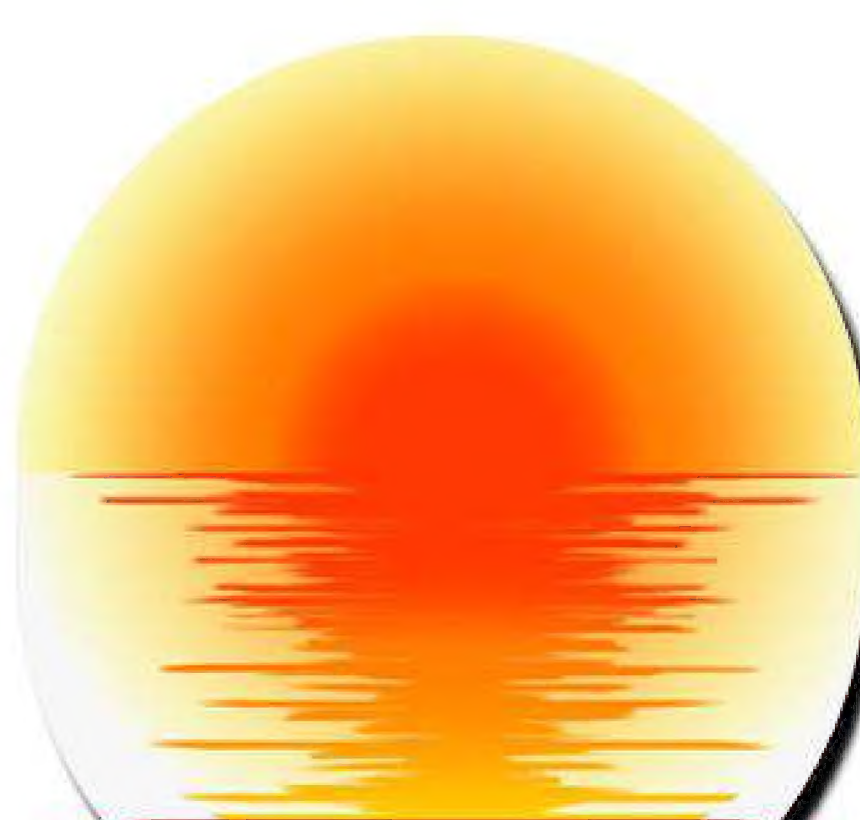
Let's remember



guitar



fountain



sunrise



rhino



flood



city



port



television



turn left



lightening



hippo



penguin



station



password



mountain



letter



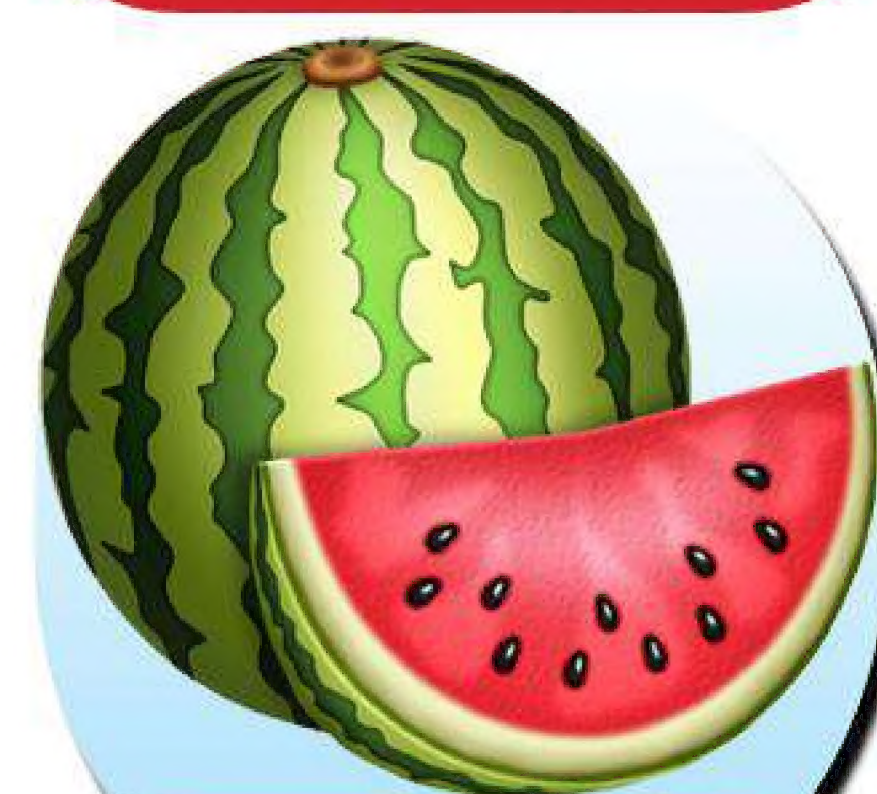
printer



fisherman



turn right



water melon



oud



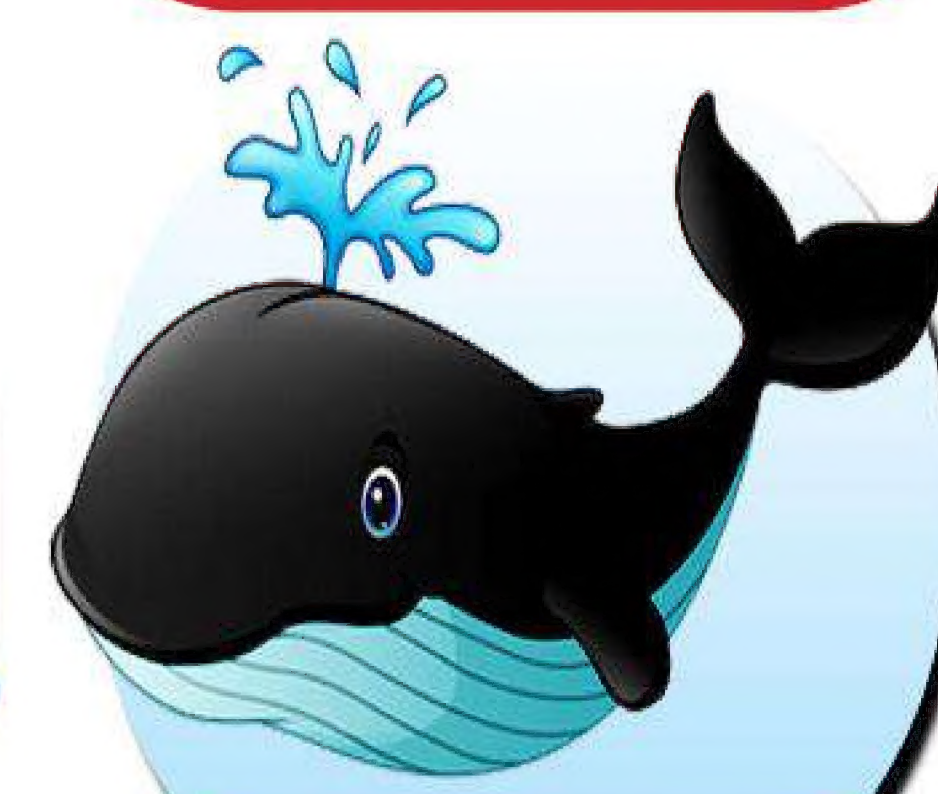
cell phone



chef



island



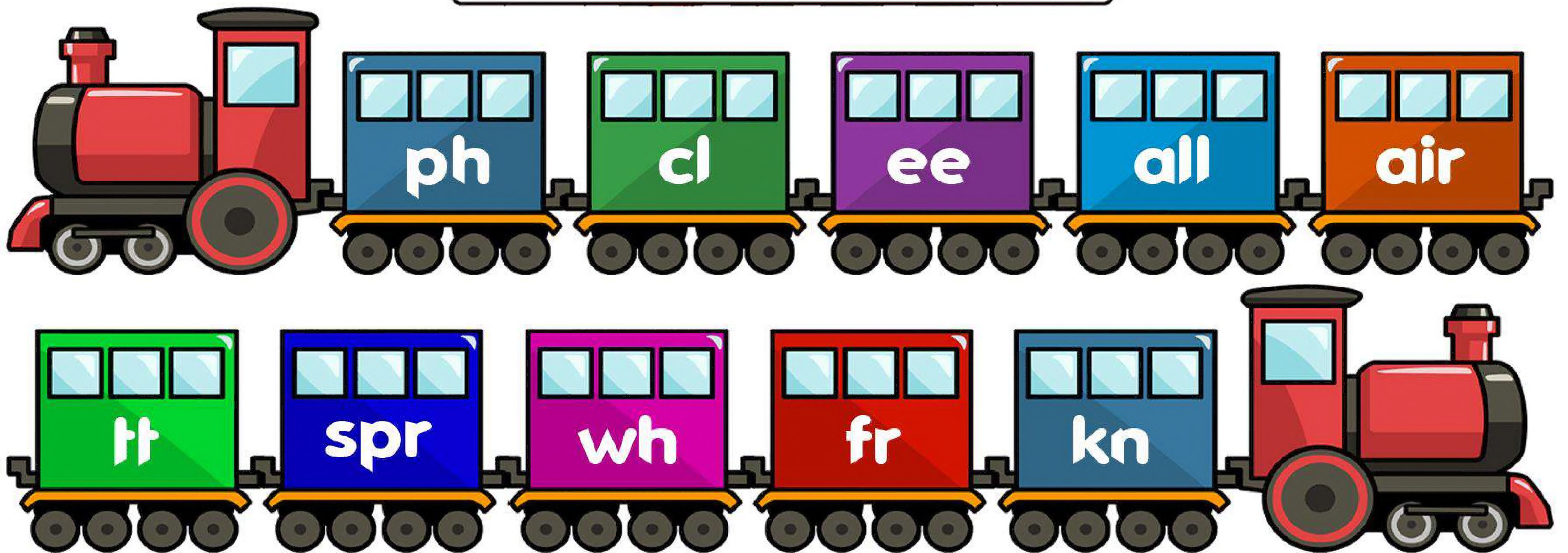
whale

Read and number the pictures:

- 1-My brother is angry because he can't find his phone.
- 2-I'm worried because I don't know how to do my project.
- 3-My brother is kind. He helps me if I fall over.
- 4-I've got a lot of books in my bag. I'm tired.
- 5-My cousin is very curious about the world. He wants to understand everything!
- 6-I read these books yesterday. Now I'm bored.
- 7-We're going to a family party. I'm so excited.
- 8-Please be quiet. I'm very interested in this website.



Look, write and say:



ho _ _ er



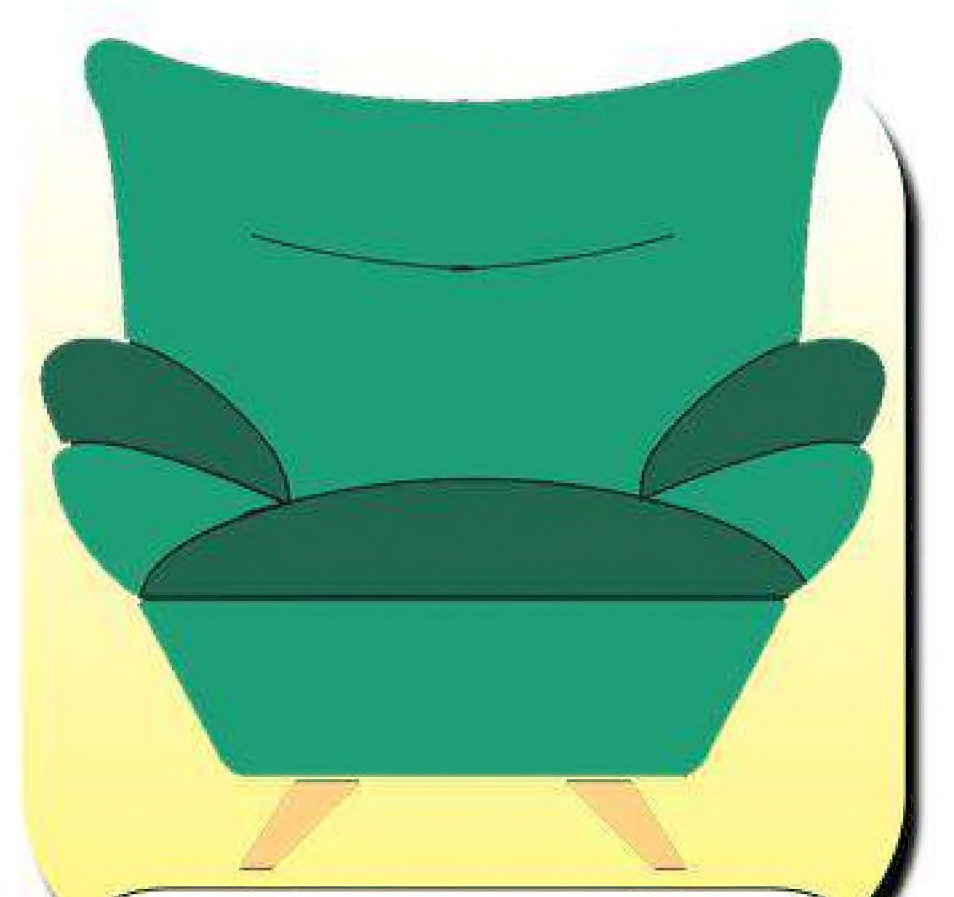
_ _ oulds



dol _ _ in



_ _ og



ch _ _ _



_ _ ale



tr _ _



w _ _



_ _ _ ing



_ _ ot

Listen and number:



Read and check (√) or cross (X)

Elephant – 40 km/hour

Hippo – 48 km/hour

Giraffe – 50 km/hour

1-Hippos run more quickly than elephants.

2-Giraffes run less quickly than hippos.

3-Elephants run the least quickly of them all.

4-Hippos run the most quickly of them all.

☐
☐
☐
☐

Read and Complete

would – many – Can – need – them – Here

Ticket agent: Hello! I help you?

Nesma : Yes. We like to go to Luxor, please.

Ticket agent: How people are travelling?

Nesma : One adult and one child, please.

Ticket agent: are your tickets. Give to your dad, please.

Nesma : Which platform do we to go to?

Ticket agent: It's platform three.

Nesma : Thank you!

Order and write:

1- went / to / We / park / the / bikes /ride / our / to.

.....

2- bakery / to / went / She / bread / to / some / the / buy.

.....

3- tired / I / because / went / home / was/ I.

.....

4- but / went / They / butcher's / the / to / closed / was / it.

.....

5- needed / because / We / went / paper / some / shopping /we.

.....

Look and complete

used to – didn't use to



1- 100 years ago, people
to write letters.



2- 100 years ago, people
have video chat



3- 50 years ago, people
send text message



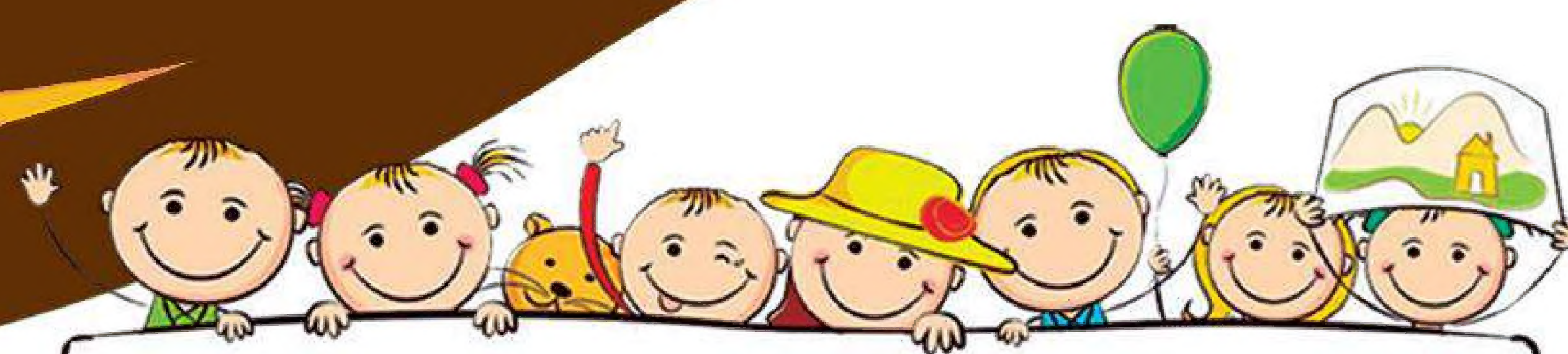
4- 50 years ago, people
use telephones.



Unit One

At the track





Vocabulary

Part (1)



track

ملعب



sports event

حدث رياضي



athlete

رياضي



compete

يتنافس



wear

يرتدي



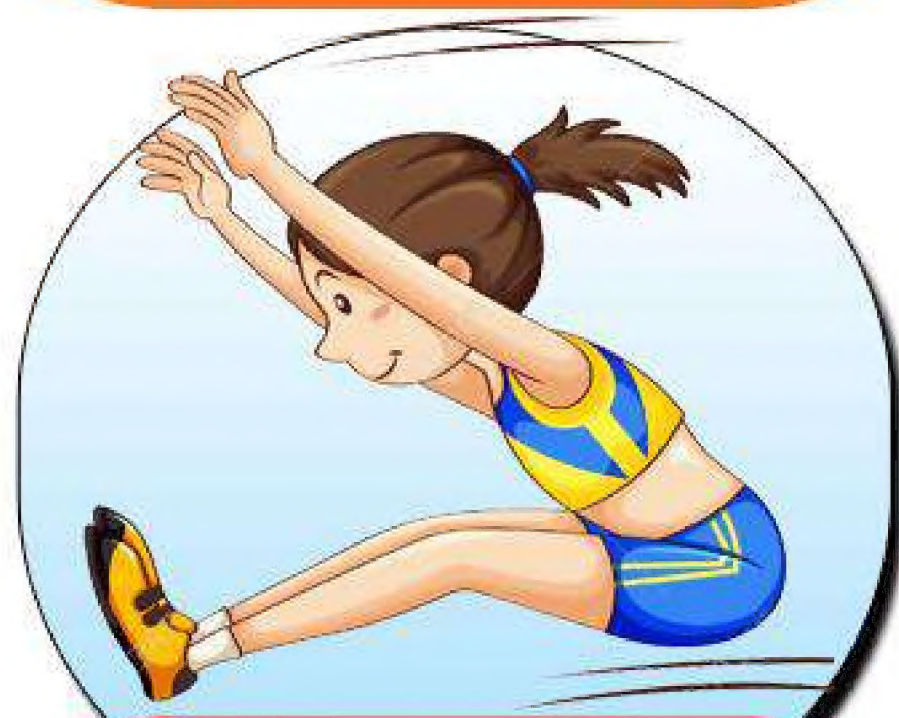
competition

منافسة



get

يحصل علي



do the long jump

يقوم بالوثب الطويل



do a throwing competition

ينافس في الرماية



Running

الجرى



jumping

القفز



throwing

الرمي



long jump

الوثب الطويل



think

يفكر



win

يفوز



distance

مسافة



race

سباق



measure

يقيس



medal

ميدالية



quickly

بسرعة

lots of

كثيراً من

different

مختلف

around the field

حول الحقل

exciting

مثير

hope

يأمل

have to

يجب ان

as far as you can

بقدر ما تستطيع

someone

شخص ما

Exercises

1

Underline the correct word(s):

- 1- We are (between – at – under) the track.
- 2- There is a big (sport – sport's – sports) event.
- 3- There are lots (on – at – of) athletes.
- 4- The athletes are (competing – completing – flying) in the sports event.
- 5- I (sing – think – sink) the athlete wearing red will win.
- 6- They are (wearing – eating – running) shorts.
- 7- I'm watching the (short – long – far) jump.
- 8- The (track – athlete – event) is 800 meters around the field.
- 9- I like the race. It is (bad – horrible – exciting).
- 10- I hope Waleed (wins – throws – eats) today.
- 11- You have to (throw – jump – go) the ball as far as you can.
- 12- Three meters is a good (race – distance – track) for throwing the ball.
- 13- A man measures how (many – much – far) the athletes throw the ball.
- 14- He can (eat – jump – swim) high.
- 15- He is the winner. He is getting a (medal – track – metal).

2

Complete the dialogue using the following words :

(mum – do – Where)

Amr: are you going?

Ali: I'm going to the club.

Amr: Who are you going with?

Ali: I'm going with

Amr: What sports do you like?

Ali: I like throwing.

3

Read the following passage, then answer the questions:

Today, Ahmed is at the track. There's a big sports event. Lots of athletes from different schools are competing. They are wearing red, blue, green and black. There are competitions in running, jumping and throwing.

Answer the following questions:

1- Where is Ahmed?

.....

2- What colour are the athletes wearing?

.....

Choose the correct answer:

3- There is a big event.

(art – sports – war)

4- There are competitions in

(watching – swimming – throwing)

Grammar

Future simple

Use:

للتعبير عن أحداث في المستقبل.

He will win the race.

Form:

subject + will + inf.

I think the event will be amazing.

Negative:

subject + will not (won't) + inf.

He will not (won't) win the race.

Question:

Will + subject + inf + ?

Will he play football?

Yes, he will. (or) No, he won't.

Wh - question:

Wh + will + subject + inf + ?

Where will you go?

I will go to Hurghada.

Keywords:

Tomorrow

غداً

in the future

في المستقبل

Next (week/ month/ year) القادم

tonight

الليلة

Exercises

1 Underline the correct word(s) :

- 1- I think he will (win – wins – won) the race.
- 2- Our school (will – are – is) get a medal.
- 3- Will it (is – are – be) a good competition.
- 4- It (will – won't – aren't) be easy to win. There are lots of good athletes.
- 5- (Will – Won't – Is) Fares win the race? No, he won't.
- 6- Amira (is – are – will) get a medal.
- 7- They won the competition! They (will – won't – is) be happy.
- 8- Youssef ran three races today. He (is – will – won't) be tired.
- 9- (Are – Is – Will) Dina enter the throwing competition?
- 10- Will he get a prize? No, he (is – will – won't).

2 Rewrite the following sentences using the words in brackets:

- 1- He will do the long jump. (not)
.....
- 2- Will she visit her aunt tomorrow? (Yes,...)
.....
- 3- Will it be a good competition? (No,...)
.....
- 4- Yes, they will get a medal. (Will)
.....
- 5- No, it won't be easy. (Will)
.....

Future simple

Form:

subject + will + inf.

I think the event will be amazing.

Negative:

subject + will not (won't) + inf.

He will not (won't) win the race.

Question:

Will + subject + inf + ?

Will he play football?

Yes, he will. (or) No, he won't.

Keywords:

Tomorrow

غداً

in the future

في المستقبل

Next (week/ month/ year)

القادم

tonight

الليلة

How + Adj

How far

كم البعد

How fast

كم السرعة

How high

كم الارتفاع

How many

كم العدد

How much

كم كمية

How often

كم عدد المرات

once / twice

مرة / مرتين

Adjectives:

Comparative adjective

صفة + er + than

fast

faster than.

slow

slower than

Ali is faster than Amr.

Superlative adjective

the + صفة + est

fast

the fastest

slow

the slowest

Amr is the fastest boy.

Exercises

1 Underline the correct word(s):

- 1- (What – How – When) far can he jump?
- 2- How (high – hi – height) can she climb?
- 3- How (high – fast – old) can he run?
- 4- Ziad is the (slow – slower – slowest) boy.
- 5- Amir is (fast – faster – fastest) than Adam.
- 6- Tarek was faster (thin – then – than) Mahmoud.
- 7- Mona is (the – then – this) tallest girl.
- 8- Lara is 120 cm. Dina is 125. Lara is (taller – shorter – happier) than Dina.
- 9- Amr is 150 cm. Ali is 160 cm. Ahmed is 170 cm. Ahmed is the (shortest – tallest – fastest) boy.
- 10- Who was the (slow – slower- slowest)?
- 11- Alaa is (old – older – oldest) than his brother Abdo.
- 12- Noha is the (young – younger – youngest) girl in the class.
- 13- (How – Who – Where) high is the wall?
- 14- Zeyad is the (short – shorter – shortest) one in the class.
- 15- Mona is (happy – happier – happiest) than Heba.



Vocabulary

Part (3)



train

يتدرب



training

تدريب



shouldn't

لا يجب



should

يجب ان



weekend

عطلة نهاية الأسبوع



runner

متسابق جري



snack

وجبة خفيفة



support

يدعم - يساند



fit

لائق بدنياً



worried

قلق



enjoy

يستمتع بـ



warm up

الاحماء



together

معاً



record

يسجل



come first

يحصل علي المركز الاول



come second

يحصل علي المركز الثاني



healthy food

طعام صحي



bring

يحضر



problem

مشكلة



bicycle

دراجة



Grammar

and و - but لكن - because لأن - so لذلك - or أو

and و

I like English and Arabic.

but لكن

I like English but I don't like Arabic.

Because لأن

I do sports because I want to get fit.

so لذلك

he ran fast so he came first.

or أو

she doesn't like throwing or jumping.

Exercises

1 Underline the correct word(s):

- 1- I like running (and – but – because) jumping.
- 2- It is hard to run (or – so – because) it is hot.
- 3- I like running (because – but – so) I'm not very fast.
- 4- He has a race next week (because – so – but) he trains everyday.
- 5- She doesn't like throwing (so – or – because) jumping.
- 6- I didn't go to school (because – so – but) I was ill.
- 7- Mona was tired (because – so – but) she went to bed.
- 8- I enjoy English (because – so – and) Arabic.

Exercises

1 Underline the correct word(s):

- 1- She won the race. She (support – came – find) first.
- 2- We warm (up – in – at) before we do exercise.
- 3- You should (come – support – do) your friends.
- 4- I want to help him as (much – many – big) as I can.
- 5- You should eat (dirty – fast - healthy) food.
- 6- She enjoys (running – run – runs).
- 7- How (big – often – far) do you do sport?
- 8- (Which – How – When) sport do you like?
- 9- I (play – think – record) her race times.
- 10- We do sport and (eat – have – take) fun.

2 Complete the dialogue using the following words:

(fast – sport – difficult – often)

Khalid: Do you like

Hamdy: Yes, I like running.

Khalid: Is it

Hamdy: No, it isn't.

Khalid: How do you practise?

Hamdy: Four times a week.

Khalid: How can you run?

Hamdy: I can run 100 meters in 15 second.

4

Write a sentence under each picture:



came – first

.....



get - fit

.....



like – throwing

.....



help – friend

.....



Vocabulary

Part (4)

rule	never	make fun of	kind
قاعدة	أبداً	يسخر من	عطوف
tell secret	pressure	idea	apologize
يخبر سراً	ضغط	فكرة	يعتذر
say sorry	Important	find	one day
يعتذر	مهم	يجد	يوم ما
What's the matter?	scared of	know	spread rumours
ما الأمر	خائف من	يعرف	ينتشر إشاعات

My rules for being a good friend :

Never make fun of your friends!

لا تسخر من أصدقائك!

Never tell your friend's secret to other people.

لا تنقل أسرار صديقك للآخرين .

Never spread rumours about your friends.

لا تنتشر إشاعات عن أصدقائك.

Never pressure your friend to do something he or she doesn't want to do.

لا تجبر صديقك ليفعل شيئاً لا يريد.

Listen to your friend's ideas.

استمع لأراء صديقك.

Support your friend.

ساند (قف بجانب) صديقك.

If you make your friend sad, it is good to apologize – saying sorry is important.

إن أسأت إلى صديقك من الأفضل أن تعتذر له . فالاعتذار هام .

Have fun together!

امرحوا معاً .

Exercises

1

Read the rules again and complete the table:

How to be a good friend?

Good friends never do:

Good friends should do:

.....

.....

.....

.....

.....

.....

2

Underline the correct word:

- 1- It is good to (make – support – play) your friend.
- 2- It is bad to (make – swim – fly) fun of your friend.
- 3- (Always – Never – Sometimes) tell your friend's secrets.
- 4- (Support – Help – Listen) to your friend's idea.
- 5- Never (spread – support – make) rumours about your friends.
- 6- Have (rumours – fun – pressure) with your friend.
- 7- Saying sorry is (bad – unkind – important).
- 8- Listen to your friend's (ideas – games – rumours).
- 9- Never (listen – pressure – have) your friend to do something he doesn't want.
- 10- (Do -Have - Be) fun together !

3 Read the following passage, then answer the questions:

Tamer was a pupil. One day he was sad when he came home from school. He told his mother. He told his friend Sherif a secret that he was scared of water so he didn't want to do the swimming competition but his friend Sherif told Adam and Wael, and now everyone knows. They are making fun of Tamer. The next day, Tamer was a lot happier. Sherif apologized for telling his secret. Adam and Wael said sorry for making fun of me.

Answer the following questions:

1- How was Tamer when he came back from school?

2- Who are making fun of Tamer?

Choose the correct answer:

3- Tamer told his (father – mother – sister) about his problem.

4- Sherif (laughed – made – apologized) for telling Tamer's secrets.

4 Rewrite the following sentences using the words in brackets:

1- Nabil came first so he was happy. (became)

2- Ali likes swimming. He doesn't like running. (but)

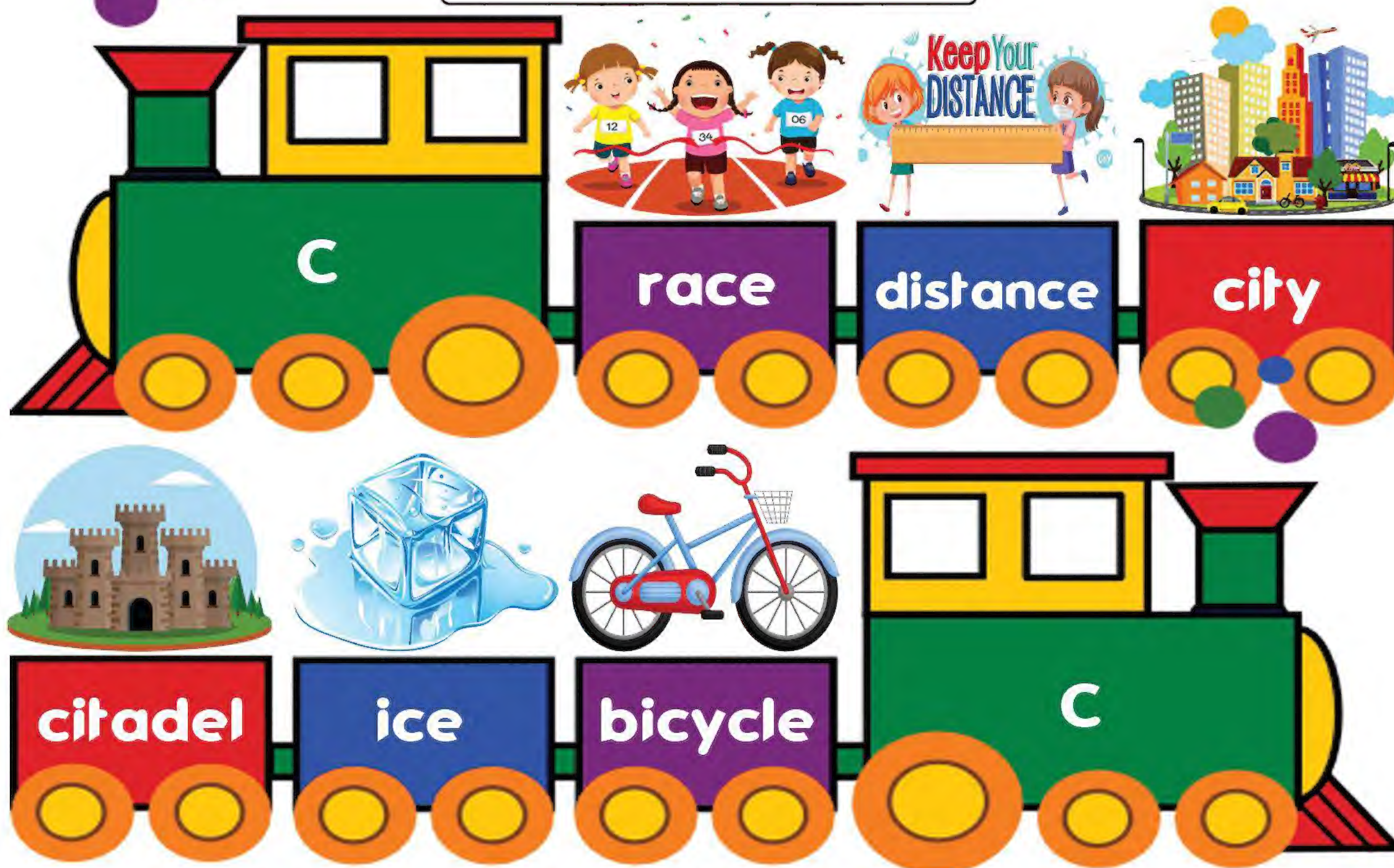
3- Ziad plays football. He scores goals. (and)

4- Khalid doesn't like watching TV. He doesn't like going to the cinema. (or)

5- Eman went to the doctor because she was ill. (so)



Phonics



“soft “c

ينطق الحرف (c) / s / ... إذا جاء بعده “e / i / y”

Circle the odd one out

1- camel

city

colour

2- crocodile

club

ice

3- space

cake

distance

4- computer

clothes

race



Vocabulary



basketball

كرة السلة



football

كرة القدم



volleyball

كرة الطائرة



score

يسجل



National Football Team

الفريق القومي
لكرة القدم



take

يأخذ



make

يصنع



shape

شكل



journey

رحلة طويلة



map

خريطة



play

مسلية



cardboard

ورق مقوي



card

كارت



the Africa Cup of Nations

كاس الأمم الأفريقية



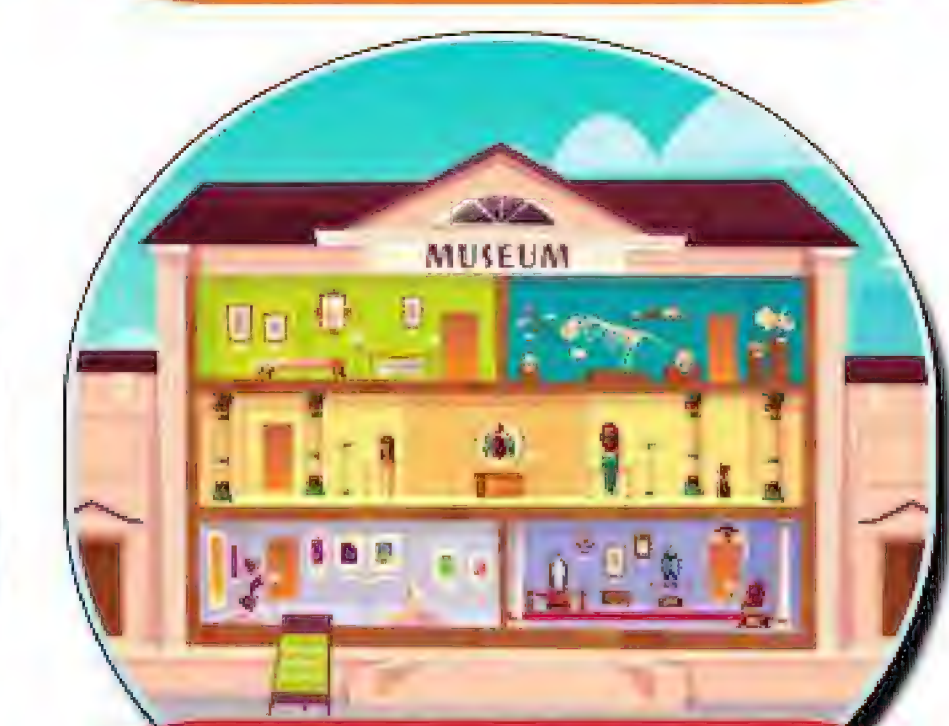
cyclist

راكب الدراجة



cycle

يركب الدراجة



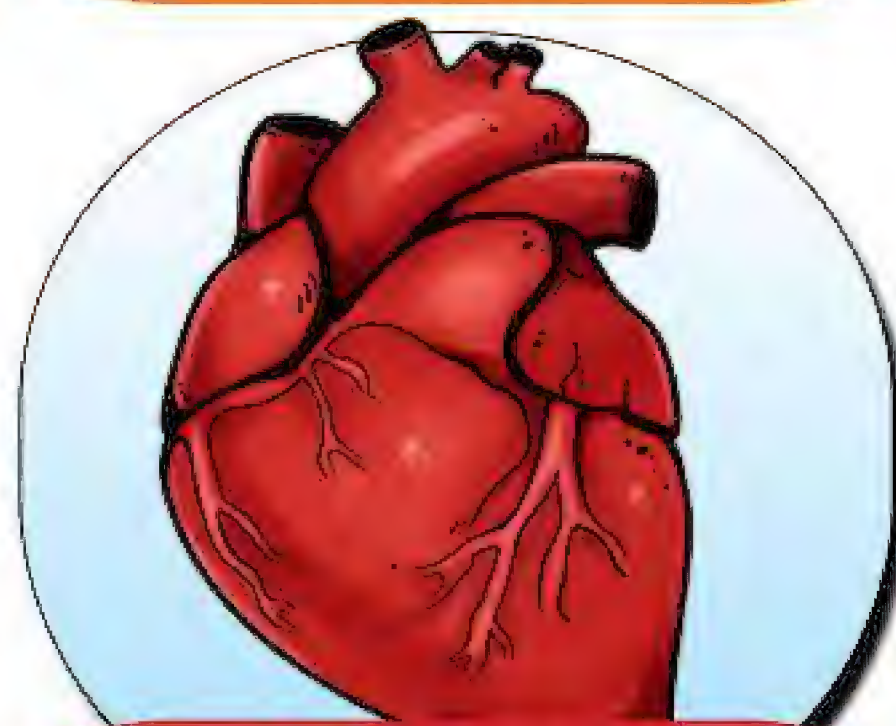
museum

متحف



Great Pyramid

الهرم الأكبر



heart

قلب



Egyptian

مصري



Mau cat

القط الماو



theatre

مسرح



friendship

صداقة



draw

يرسم



scissors

مقص



set a record

يسجل
رقم قياسي عالمي

world record

رقم قياسي عالمي

season

موسم

describe

يصف

script

نص

effort

مجهود

around

حول

start

يبدأ

valley of the kings

وادي الملوك

scene

مشهد

stage

ختبة المسرح

popsicle sticks

تتجمع لاصق

sticky tape

تتريط لاصق



World records

What is a **world record**? It's something which is the fastest, biggest, oldest or smallest in the world. People in many different countries like trying to make new world records all the time. Here are some famous Egyptian world records. Did you know? In 2017 the Egyptian footballer **Mohamed Salah** set a world record when he played for an English team Liverpool. He scored the highest number of goals in one season 32 goals! Egypt's National football team has a world record too. It is for winning **The Africa Cup of Nations** the most times it won **7 times** in 1957, 1959, 1986, 1998, 2006, 2008 and 2010! And in 2018, **Cyclists** in Egypt made a new world record. They made the largest GPS drawing by bicycle. The challenge was to cycle 761 k.m around Egypt, and record the direction of the race. The cyclists started at the Great Pyramids of Giza, and it took 3 days to finish. The pictures of their journey made the shape of the heart on the map! It was important because it made people think about how important it is to keep your heart healthy. It isn't just **Egyptian people** who break world records.

The Egyptian Mau is the fastest cat in the world. It can run up to 48 k.m an hour!

Exercises

1

Underline the correct word(s):

1- In which sport did Mohamed Salah set a world record?

(basketball – volleyball – football)

2- How many goals did he score in one season?

(32 – 22 – 12)

3- How many times did Egypt's national football team win the Africa cup of nations?

(3 – 5 – 7)

4- When did cyclists in Egypt set a record for cycling around Egypt?

(2018 – 2019 – 2020)

5- How far did they cycle?

(871 K.m – 761 K.m – 651 K.m)

6- Where did the race start?

(Cairo museum – Valley of the kings – Great pyramids of Giza)

7- How long did it take to finish?

(3 days – 4 days – 5 days)

8- What shape did the journey photos make on the map?

(a heart – a face – a foot)

9- How fast can the Egyptian Mau cat can run?

(8 k.m an hour – 18 k.m an hour – 48 k.m an hour)

2

Complete the dialogue using the following words :

(do – amazing – theatre – Where)

Khalid: will you go tomorrow?

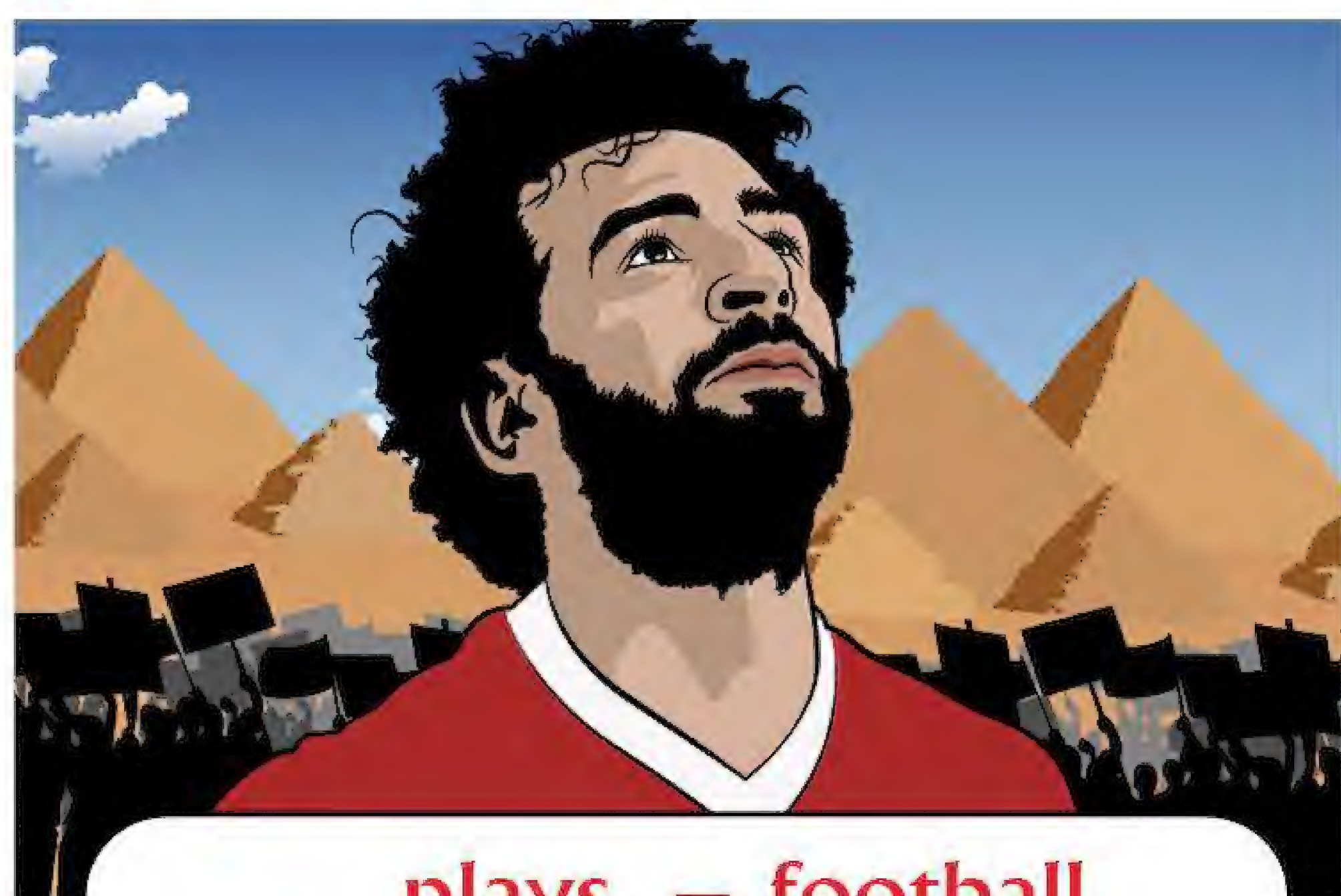
Ziad: I will go to the

Khalid: Do you think it will be?

Ziad: Yes, I

3

Write a sentence under each picture:



plays – football

.....



have – fun

.....



citadel – old

.....



friends – good

.....

Review



Vocabulary

track	ملعب	easy	سهل
sports event	حدث رياضي	difficult	صعب
lots of	كثير من	amazing	مدهش
athlete	رياضي	tired	متعب
compete	يتنافس	support	يساند
competition	منافسة	train	يتدرب
wear	يرتدي	training	تدريب
different	مختلف	exercise	يتدرب
throwing a ball	رمي الكرة	runner	عداء (متسابق جري)
think	يفكر	get fit	يصبح لائق بدنياً
distance	مسافة	warm up	الاحماء
race	سباق	together	سويًا
measure	يقيس	record	يسجل
valley of the kings	وادي الملوك	come first	يحصل علي المركز الأول
field	حقل	come second	يحصل علي المركز الثاني
exciting	مثير	healthy food	طعام صحي
quickly	بسرعة	bring	يحضر
hope	يأمل	snack	وجبة خفيفة
weekend	عطلة نهاية الاسبوع	museum	متحف
someone	شخص ما	great pyramid	الهرم الأكبر
do the long jump	يقوم بالوثب العالي	popsicle sticks	شمع لاصق
journey	رحلة طويلة	cardboard	ورق مقوي
heart	قلب	sticky tape	شريط لاصق
Egyptian	مصري	scene	مشهد
mau cat	القط الماو	worried	قلقان
theatre	مسرح	problem	مشكلة

Review



Vocabulary

friendship	صداقة	enjoy	يستمتع بـ
describe	يصف	effort	مجهود
stage	خشبة المسرح	rule	قاعدة
play	مسرحية	never	أبداً
make fun of	يسخر من	important	مهم
kind	نوع - طيب	find	يجد
tell secret	يخبر سر	one day	كان يا ما كان
spread rumours	ينشر اشاعات	What's the matter?	ما الامر؟
pressure	ضغط	scared of	خائف من
idea	فكرة	know	يعلم
apologize	يعتذر	city	مدينة
say sorry	يعتذر	citadel	قلعة
set a record	يسجل رقم قياسي	score	يسجل
world record	رقم قياسي عالمي	season	موسم
cyclist	راكب دراجة	national football team	فريق القومي لكرة القدم
cycle	يركب دراجة	the Africa cup of nations	كأس الأمم الافريقية
score	يسجل	stick	يلصق
season	موسم	script	نص

Future simple

Form:

subject + will + inf.

I think the event will be amazing.

Negative:

subject + will not (won't) + inf.

He will not (won't) win the race.

Question:

Will + subject + inf + ?

Will he play football?

Yes, he will. (or) No, he won't.

Keywords:

Tomorrow

غداً

in the future

في المستقبل

Next (week/ month/ year)

القادم

tonight

الليلة

How + Adj

How far

كم البعد

How fast

كم السرعة

How high

كم الارتفاع

How many

كم العدد

How much

كم كمية

How often

كم عدد المرات

once / twice

مرة / مرتين

Adjectives:

Comparative adjective

صفة + er + than

fast

faster than.

slow

slower than

Ali is faster than Amr.

Superlative adjective

the + صفة + est

fast

the fastest

slow

the slowest

Amr is the fastest boy.

Test unit (1)

1 Underline the correct word:

- 1- They are playing games at the (track – lab – library).
- 2- We are having a sports (running – event – throwing).
- 3- I am watching the (long – short – big) jump.
- 4- He is a/an (computer – doctor – athlete), he plays sports.
- 5- Athletes from different schools are (competing – wearing – doing).
- 6- I think he (is winning – wins – will win).
- 7- Ali is (fast – faster – fastest) than Hany.
- 8- How (much – many – often) do you go to the club?
- 9- It's (good – bad – evil) to apologize when you do something wrong.
- 10- He likes sports (so – but – because) he doesn't like music.

2 Complete the following dialogue using these words:

(sports – Do – often – football)

Mariam: you like sports?

Shahd: Yes I do.

Mariam: What do you play?

Shahd: I play

Mariam: How do you practise it?

Shahd: Three times a week.

3 Rewrite the following sentences using the words in brackets:

1- He will buy a new car.

(not)

2- Yes, I will visit my aunt.

(Will)

3- Will they travel abroad?

(Yes)

4- Ahmad is 150 cm. Ali is 160 cm.

(taller)

5- He went to the doctor because he was ill.

(so)

4 Read the following passage, then answer the questions:

Next Friday is going to be my birthday. I am going to have a big birthday party. My mum is going to make a cake. My friends are going to give me presents. My dad is going to bring me a bike as he promised me. It's going to be a great day.

Answer the following questions:

1- When are you going to have your birthday party ?

2- What are your friends going to bring you ?

Choose the correct answer:

3- Your mum is going to make you a (present – ribbon – cake).

4- It's going to be a (nice – bad – short) day.

5

Write a sentence under each picture:



can _ athlete

.....



They _ running

.....



win _ competinon

.....

6

Copy the following sentence:

.....A sound mind is in a sound body.....

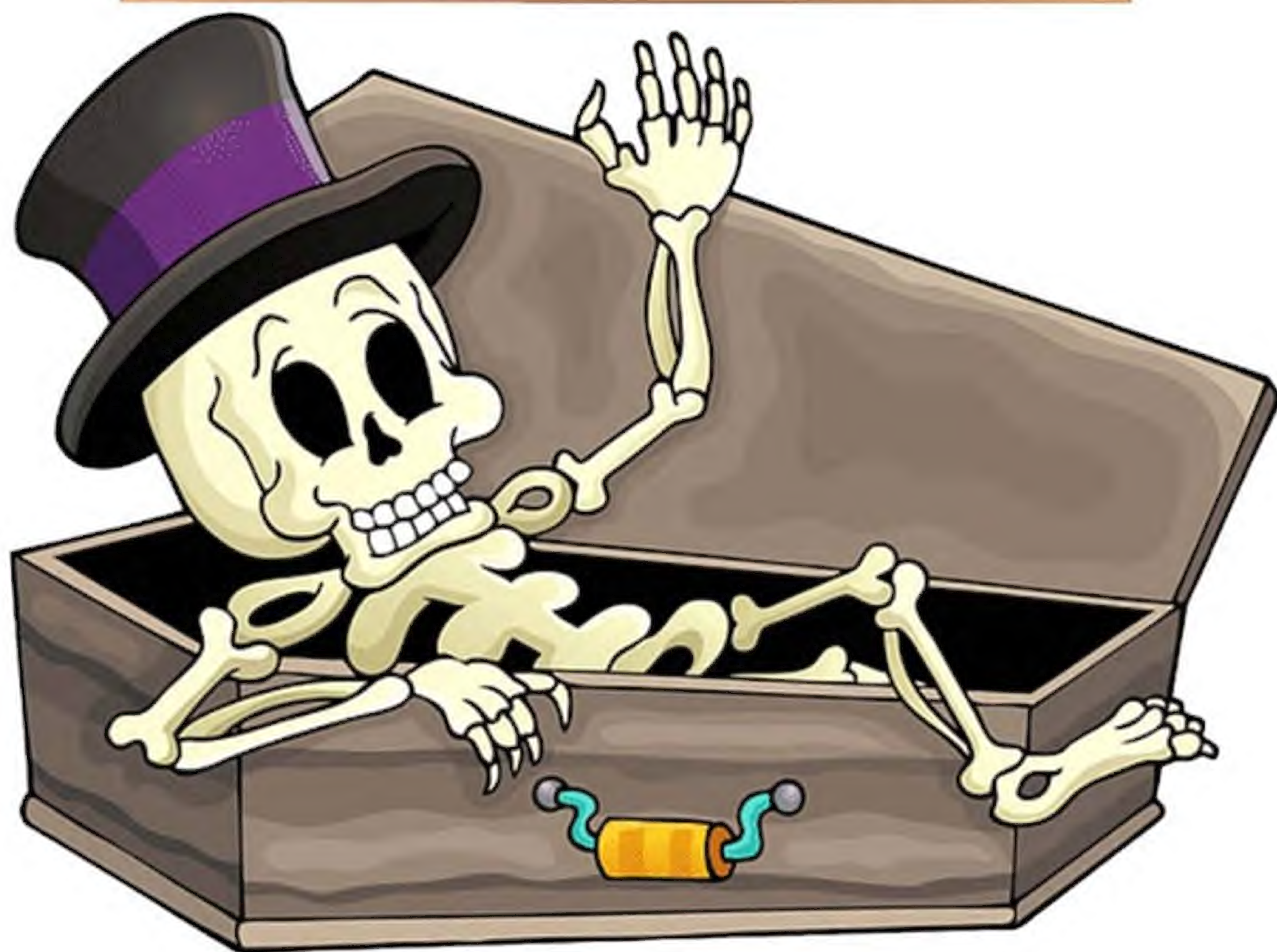


.....



Unit two

Body Matters



Vocabulary



skeleton

هيكل عظمي



attach

يرتبط



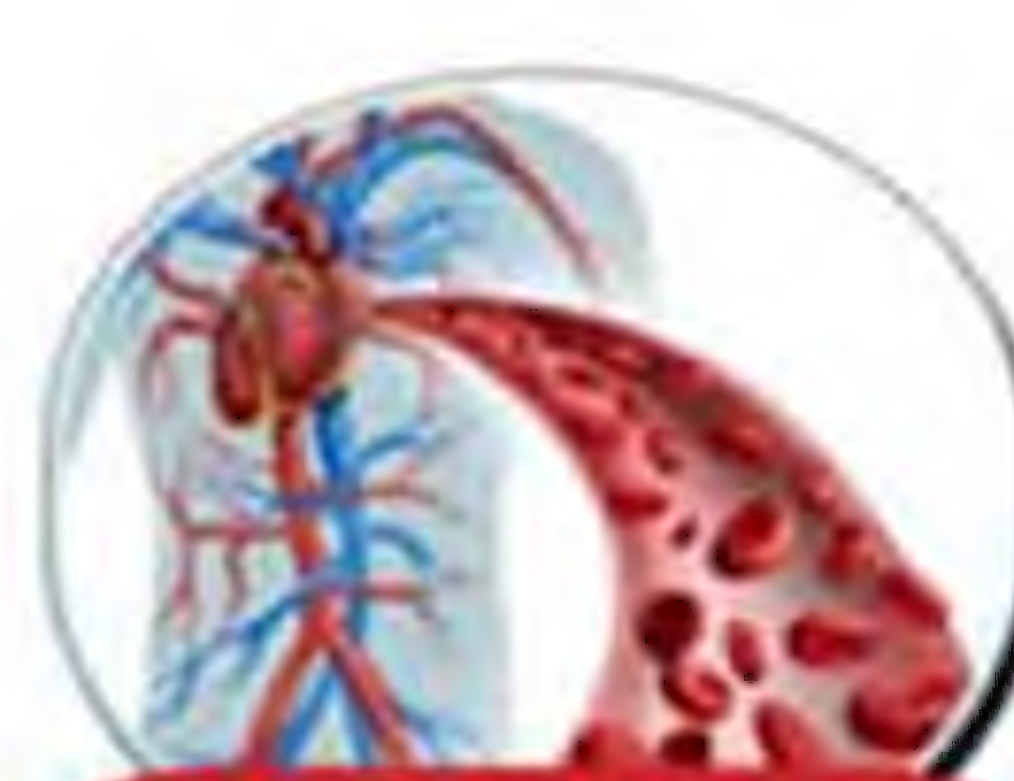
elbow

كوع



organs

أعضاء الجسم



blood vessels

أوعية دموية



rib

ضلع



skull

جمجمة



lung

رئة



strong

قوي



lift

يرفع



protect

يحمي



veins

أوردة



blood

دم



nutrients

مواد غذائية



bones

عظام



muscles

عضلات



jaw bone

عظمة الفك



brain

مخ



knee

ركبة



heart

قلب



eye

عين



move

يتحرك



kick a ball

يركل الكرة



chew food

يمضغ الطعام



arteries

شرايين



Read and learn:

Bones and muscles

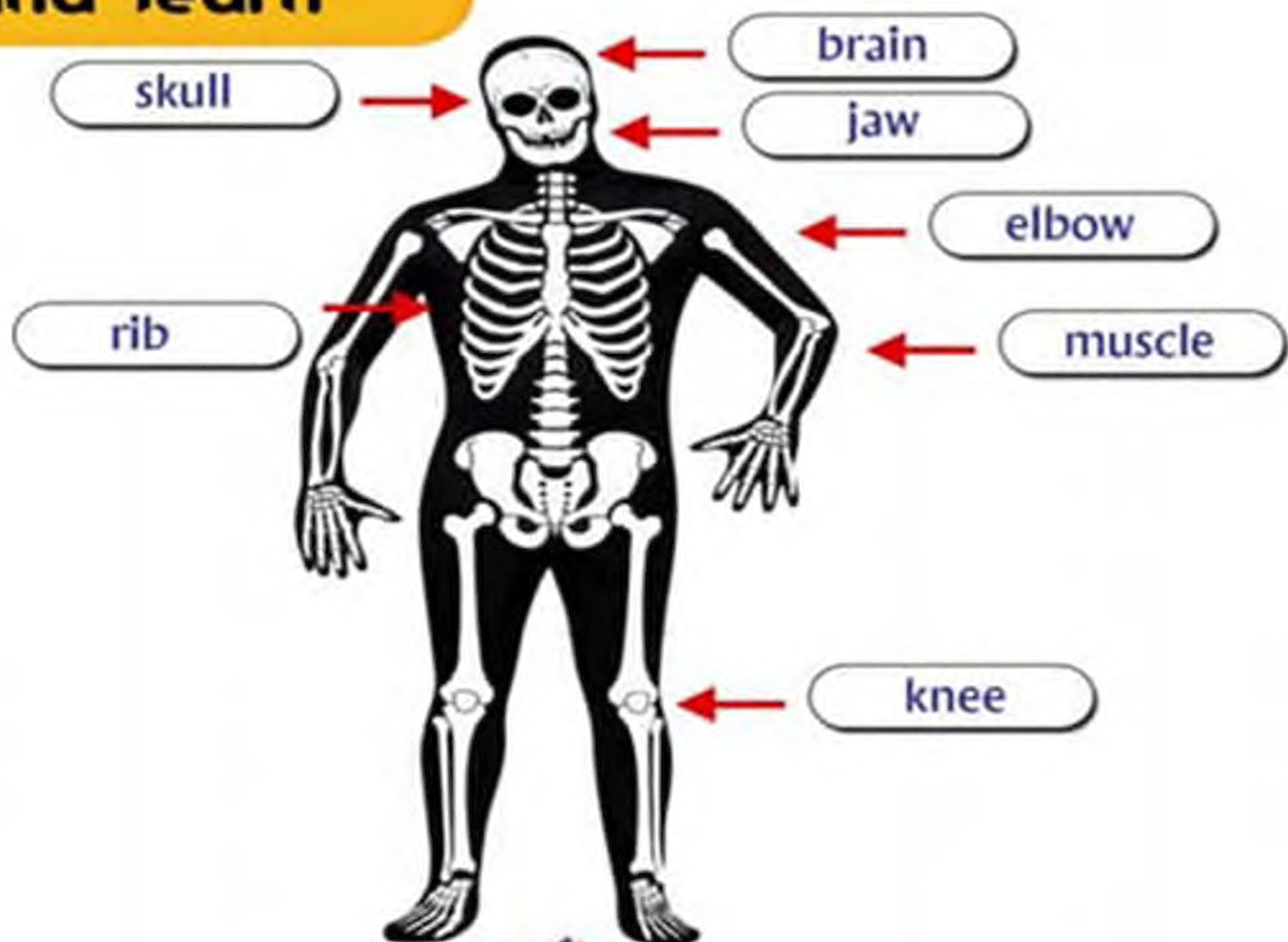
Our skeleton is all the bones that keep us strong and help us more. We need muscles to move our bones. Muscles are attached to bones and they lift and turn bones so we can walk, run, dance – anything! When we kick a ball, muscles make the bones in our leg and knee move.

Muscles in our arms and elbows move when you play tennis. We use muscles when we chew food, to move the jaw bone up and down.

Bones are hard, and they protect our soft organs. Our brain, heart and lungs are important organs that need to be safe.



Look and learn





Read and learn:

- 1- Our heart beats about 70 times a minute .
- 2- Our brain controls everything that happens in our body.
- 3- Our heart moves blood around the body.
- 4- Our skeleton protects us and makes us strong .

Read and learn:

- 1- Veins carry blood from the body to the heart .
- 2- Blood carries oxygen and nutrients around your body.
- 3- We need nutrients to help our bodies grow.
- 4- Arteries carry blood away from the heart to the body .
- 5- Veins and arteries are types of blood vessels .



Exercises

1 Underline the correct word(s):

- 1- Our skeleton is the bones that keep us (strong – weak – sad) .
- 2- Our bones help us (fly – move – think) bones .
- 3- We need (muscles – bikes – planes) to move our bones .
- 4- Muscle are attached (in – on – to) bones .
- 5- The player (kicks – swims – runs) a ball .
- 6- We move the jaw bone up and down to (play – chew – drink) food.
- 7- Bones are (hard – soft – fast) .
- 8- Bones (eat – protect – drink) our soft organs .
- 9- The brain is a soft (bone – organ – jaw) .
- 10- Our brain , heart and lungs are (fast – slow – important) organs .
- 11- The skull protects the (heart – legs – brain) .
- 12- The ribs protect the (eyes – legs – heart) .
- 13- Our (brain – knee – heart) beats 70 times a minute .
- 14- Our (nose – mouth – brain) controls everything that happens in our body .
- 15- Our (head – hair – skeleton) protects us and makes us strong .
- 16- (Brains – Ribs – Veins) carry blood from the body to the heart .
- 17- Blood carries (oxygen – milk – juice) and nutrients around your body.
- 18- We need nutrients to help our bodies (swim – run – grow) .
- 19- (Brains – Arteries- Skeletons) carry blood away .from the heart to the body .
- 20- The elbow is in the (heart – arm – head).



2 Write a sentence under each picture:



skull - brain

.....



ribs - heart

.....



Sunglasses - eyes

.....

3 Read the following passage, then answer the questions:

Our skeleton is all the bones that keep us strong and help us move. We need muscles to move our bones. Muscles are attached to bones and they lift and turn bones so we can walk, run, dance – anything! When we kick a ball, muscles make the bones in our leg and knee move.

Answer the following questions:

1- What helps us move ?

.....

2- What do bones protect ?

.....

Choose the correct answer:

3- Ouris all the bones that keep us move .

(heart – brain – skeleton)

4- The jaw bone moves (right – up – left).

4 Copy the following sentence:

Our skeleton is all the bones that keep us strong.





Grammar



Future : going to

Form

I → am

He She - It - Singular → is

+ going to + inf (مصدر)

We You - They - Plural → are

Examples:

I am going to wear a helmet .

He is going to go to the park today .

Negative :

am

is + not going to + inf

are

Examples:

I am not going to go to the park.

The teeth aren't in the stomach.

Question

am

is Subject + going to + inf ?

are

Examples:

Are you going to climb the rock ? Yes, I am ./ - No, I am not.

Is he going to wear the pads? Yes, he is . / - No , he isn't.

Exercises

1 Underline the correct word:

- 1- He is going to (wears – wear – wearing) a helmet
- 2- Is he (go – goes – going) to play tennis ?
- 3- (Am – Is – Are) they going to climb the tree?
- 4- Is he going to wear a helmet? -Yes, he (am – is – isn't) .
- 5- Are they going to swim tomorrow ? - No, they
(are – aren't – isn't) .
- 6- Ahmed is going (to – in – on) fly akite .
- 7- (Is – Are – Am) they going to buy a car ? - Yes, they are
- 8- They are going to visit the zoo (ago – yesterday – tomorrow).
- 9- He (are not – not is – isn't) going to play today .
- 10- The children (am – is – are) going to fly their kites.

2 Rewrite the following sentences using the words in brackets:

- 1- They will watch TV. (going)
-

- 2- He is going to swim in the pool (not)
-

- 3- Yes, they are going to play tennis (Are)
-

- 4- Is she going to read astory ? (Yes)
-